

PREGNANCY MASSAGE THERAPY GUIDELINE

■ As for receiving massage therapy, must be after 16 weeks of pregnancy and also it is necessary for your health care provider/physician gives you a permission.

■ Please consider the time for counseling and changing would take 30 minutes besides the program time.

■ If you do not feel well on the day of your appointment, please contact us for cancel or change.

No-shows will be charged a 100 % of the treatment fee.

■ In case of emergency during the program (Especially if you are in the last month of pregnancy) we may ask your spouse or relatives for assistance.

■ Please kindly note that we are unable to provide our services If you have any of the following symptoms:

- Threatened abortion
- Threatened premature delivery
- Genital bleeding
- Hypertensive disorders of pregnancy
- Gestational diabetes
- Preexisting diabetes
- Placenta previa
- Deep vein thrombosis
- Multiple pregnancy