

# **Getting Started**

What are you grateful for? About how many times each day do you say "thank you" to someone?

Remembering to say "thank you," even for a very small favor, is important. It can <u>make someone's day</u>. It can be a step towards fixing a broken relationship. Thinking about what is good in every situation can create a spirit of true <u>gratitude</u> in our hearts. And having a grateful heart can change the way we look at our lives. It can turn a little into enough, a meal into a feast, a stranger into a friend.

## Improving Your Vocabulary

gratitude (n) - thankfulness

**make someone's day (v phr)** - to please someone; to do something that makes them happier than anything else that day

grateful (adj) - thankful

dreaded (adj) - feared by everyone

disease (n) - sickness

pity (n) - feeling sorry for someone

examine (v) - to look at closely

oppressed (adj) - hurt; treated badly

**proclaim (v)** - to speak out loudly; to tell everyone

### **Reading God's Word**

Jesus was traveling along the border of two different areas, Galilee and Samaria. The people in Galilee were Jews, like Jesus. The people in Samaria were from a different ethnic background. Because of their differences, these two groups of people didn't always get along very well.

#### Luke 17:11-19

11 As Jesus made his way to Jerusalem, he went along the border between Samaria and Galilee. 12 He was going into a village when he was met by ten men suffering from a <u>dreaded</u> skin <u>disease</u>. They stood at a distance 13 and shouted, "Jesus! Master! Have <u>pity</u> on us!" 14 Jesus saw them and said to them, "Go and let the priests <u>examine</u> you." On the way they were made clean. 15 When one of them saw that he was healed, he came back, praising God in a loud voice.

16 He threw himself to the ground at Jesus' feet and thanked him. The man was a Samaritan. 17 Jesus spoke up, "There were ten who were healed; where are the other nine? 18 Why is this foreigner the only one who came back to give thanks to God?" 19 And Jesus said to him, "Get up and go; your faith has made you well."

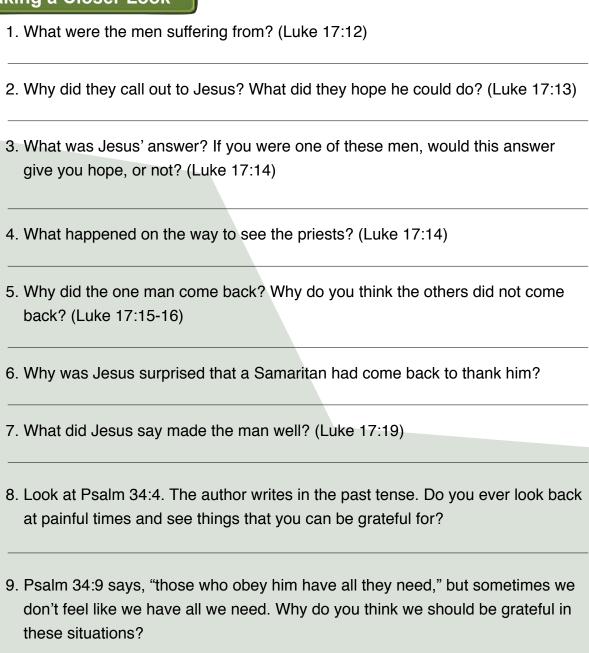
### Psalm 34:1-10

1 I will always thank the Lord; I will never stop praising him. 2 I will praise him for what he has done; may all who are <u>oppressed</u> listen and be glad! 3 <u>Proclaim</u> with me the Lord's greatness; let us praise his name together! 4 I prayed to the Lord, and he answered me; he freed me from all my fears. 5 The oppressed look to him and are glad; they will never be disappointed. 6 The helpless call to him, and he answers; he saves them from all their troubles. 7 His angel guards those who

honor the Lord and rescues them from danger. **8** Find out for yourself how good the Lord is. Happy are those who find safety with him. **9** Honor the Lord, all his people; those who obey him have all they need. **10** Even lions go hungry for lack of food, but those who obey the Lord lack nothing good.

For further study, see Psalm 30 and 1 Thessalonians 5:18.

### Taking a Closer Look



# **Taking Action**

- 1. Say "thank you" to others as often as possible.
- 2. Think about all the blessings you have to be thankful for today. If you want to, make a list and see how it grows longer over time.
- 3. Say "thank you" to God for anything that brings you happiness. Just a quick, little prayer.

### Memory Verse: Psalm 34:1

I will always thank the Lord; I will never stop praising him.

# **Review the Vocabulary**

Fill in the blanks with the correct vocabulary words. Then discuss your answers to the questions with a classmate.

What is something	by everyone?	
2. Who do you feel	for? (two possible answers)	
3. Have you ever	? Has anyone ever	?
4. Who are you most	for?	



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