

The scenes of Osaka on your bicycle

The Nara map is on the back!

OSAKA Cycling MAP

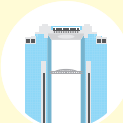
Cycle around the bustling city of Osaka and discover unique areas that you can only reach by bicycle.

With your map in hand, cycle along the river and ride past the retro buildings of the city.

Enjoy a unique day trip around Osaka!

Published by
Osaka Convention & Tourism Bureau
<https://osaka-info.jp/en/>

CYCLING DISTANCE



UMEDA SKY BUILDING



NAMBA YASAKA SHRINE



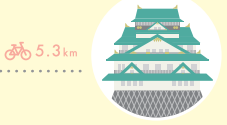
KANI DORAKU



NAMBA YASAKA SHRINE



UMEDA SKY BUILDING



OSAKA CASTLE PARK



HOZENJI



OSAKA CASTLE PARK



CAFE



RENTAL BICYCLES



INFORMATION

Address Phone Number Operating Hours Holiday Web site

Fully enjoy your travels in Osaka!

RENTAL BICYCLES



UMEGLE-CHARI

If you have a little time near the station, why not rent a bicycle? Credit cards accepted.

〒530-0011 Osaka City Kita-ku Ofukacho 4
Grand Front Osaka Bicycle Parking
0120-923-521
8:00-20:00

*Returning hours are 24/7. Max usage length is 3 days.
*Please refer to the website to see what credit cards are accepted.
http://umegle-chari.minaport.jp/



Web page!



OSAKA BIKE SHARE / HUB chari

If you want to rent a bicycle to explore Shinsaibashi, look no further! Reservations can be made online in advance or on the same day.

〒542-0086
Osaka City Chuo-ku Shinsaibashi 19-16
Daikyo Shinsaibashi Building Bicycle Parking
http://docomo-cycle.jp/osaka/?lang=en



Web page!

01 [Cafe] & ISLAND



Amongst the lineup of fashionable cafes in Osaka's Kitahama area, you will find & ISLAND. Enjoy a spectacular view of the Tosabori river and the Osaka City Central Public Hall with your meal or drink. Terrace seating is also available. The lunch menu consists of sandwiches, rice bowls with roast beef, etc. Takeout is possible. The dinner menu has a selection of meat dishes. Craft beer and other beverages can be ordered at the bar.



SHOP DATA

〒541-0041
Osaka City Chuo-ku Kitahama 2-1-23
06-6233-2010
cafe 11:00-21:30 / lunch 11:00-14:00
dinner 18:00-21:30

02 [Cafe&Bar] MYPLACE



Before going home, stop by a place to call "your own"; MYPLACE. Take in the local atmosphere while drinking authentic matcha with Kyoto tea leaves or one of the creative cocktails. The popular curry ramen is packed with tender beef steak and has many fans.



*Photo may differ from original

SHOP DATA

〒530-0001 Osaka City Kita-ku Umeda 1-8-8
06-6941-3044
06-6347-0310
Mon.-Thu. 8:00-24:30 / Fri. 8:00-25:00
Sat. 9:00-25:00 / Sun. National Holidays 9:00-24:30
https://www.hiltonosaka.com/restaurants/myplace

Web page!



OSAKA'S MUST-SEE HISTORICAL SIGHTSEEING SPOTS

Going south from Osaka Station, you will stumble upon many spots popular with Japanese tourists such as temples, shrines and Osaka Castle. Since every temple and shrine offers a specific type of blessing, it's a good idea to plan ahead according to your current wish.



Hozenji



Not only does good fortune await you, gourmet food is just around the corner.

Wandering the alleys of the business district on the south side of, you will come across the deity Mizukake-Fudouson. This moss-covered statue is Hozenji's most defining feature. As the name Mizukake (splash with water) suggests, splash it with the provided ladle for some good luck in business, love, life, etc. Observing the moss that grew thanks to the water of many worshippers, you can feel the passage of time. Near Hozenji there are two alleys (yokocho) 80m in length and 3m in width. These extend to the east and west and house some long-established restaurants and bars. Enjoy Osaka soulfood such as okonomiyaki or kushikatsu. Why not make a small detour and explore the area?



Osaka Sennichimae
Mizukake-Fudouson
Hozenji

〒542-0076
Osaka City Chuo-ku Namba 1-2-16
06-6211-4152

Scan here for more details!



Osaka Castle



This castle was built in 1583 by Toyotomi Hideyoshi. It's a popular spot where you can enjoy the seasonal scenery whether it is winter, spring, summer or fall. It's a little tough to walk from one end to the other, but it's a breeze when using a bicycle. Have fun taking your bike through the park!

Namba Yasaka Shrine



The 12m high "Shishidono" will soon catch your eye. This unique shrine grants you luck and prosperity in business. With its wide-open mouth, the lion swallows evil spirits. After a prayer for blessings, why not take a commemorative photo in front of the big lion's mouth.

Osaka Castle

〒540-0002
Osaka City Chuo-ku Osakajo 1-1
06-6941-3044
06-6347-0310
9:00-17:00 (Entry until 16:30)
Closed from Dec 28th until
Jan. 1st the following year.
https://www.osakacastle.net/english/

Scan here for more details!



Namba Yasaka Shrine

〒556-0016
Osaka City Naniwa-ku
Motomachi 2-9-19
06-6641-1149
6:00-17:00 (Entry until 16:30)
https://nambayasaka.jp/

Scan here for more details!



OSAKA, THE CENTER OF RETRO STRUCTURES

Stroll through the Kitahama area for the ultimate "Retro Japan" experience. Anywhere your eyes go, you will spot a treasure from the past. There are many old buildings that have been refurbished as shops. Take a to enjoy some tea time stops around you. One building you shouldn't miss is the "Arai Building", originally a bank built in 1922. Inside you will find a sweets shop called "Gokan" with a cafe that has Western-inspired Taisho era interior. Sit down, relax and enjoy some classic Osaka sweets.



03 Gokan (Kitahama Honkan)

〒541-0042
Osaka City Chuo-ku Imabashi 2-1-1 Arai Building
06-4706-5160
Mon.-Fri. 9:30-20:00
Sat. Sun. National Holidays 9:30-19:00
(Salon last order is 30min before closing time)
Closed from Jan. 1st until Jan. 3rd



Heijo Palace Site Historical Park

If you go to the West of Nara station, you will be able to see Heijo Palace.

During the Nara period, about 1300 years ago, civilization blossomed in the heart of Yamatokoriyama City in Heijo-kyo (ancient name for Nara). Heijo Palace Historical Park is a state-owned park and a designated historical spot inside Nara City. It is a world heritage site listed as one of the Historic Monuments of Ancient Nara. This structure played a central role in the old history of Japan, and was the stage for many important events. From enthronements to welcoming foreign diplomats and guests, this location was the center of tradition.



POINT

[The First Daigokuden] During the middle of the Nara era, the capital was temporarily transferred to Kuni-kyo and Daigokuden became the provincial temple for the Yamashiro Province. At that time, it was used for the country's most important ceremonies such as enthronement ceremonies and visits from foreign envoys.

POINT

[Suzaku Gate] The front of the Suzaku Gate was an irreplaceable festival place for the people of the Nara period. Greeting and seeing off foreign envoys, festive singing and dancing and the emperor celebrating the beginning of the New Year was all held here.



◀ Nara Palace Site
Historical Park
<https://www.heijo-park.go.jp/>



◀ Suzaku-mon Hiroba Square
<https://www.suzakumon-heijokyo.com/>

HEIJO PALACE SITE ONLY

HEIJO PALACE SOUVENIRS AND DINING SPOTS



01 Tokijuku kitchen HEIJOKYO

This restaurant serves dishes full of vegetables from Nara prefecture.

☎ 0742-93-9015

🕒 11:00-14:00

Please inquire for Thursdays after 17:00
*14:00-17:00 Cafe Only *Selection of three different lunch dishes,
Half-course is 2,700yen (Tax Included)
*Reservation needed for course meals



02 IRACA COFFEE

Let's drink some coffee with Sento-kun latte art!
(Sento-kun is the official mascot character of Nara city)

☎ 0742-93-9014

🕒 9:30-18:00
(L.O. 30min. before closing time)



Tempyo Mitsuki-kan / Tempyo Umashi-kan / Tempyo Tsudoi-kan / Tempyo Miharashi-kan

☎ 〒630-8012 Nara City Nijojoiminami 4-6-1

☎ 0742-35-8201

🕒 9:30-18:00

Tempyo Miharashi-kan only 9:00-17:00

☎ Mon. New Year's Holidays Closed

*If Monday falls on a National Holiday it will be closed the following day



Heijokyoku Izanai-kan

🕒 10:00-18:00 (Entry until 17:30)

*Summertime, June-September

10:00-18:30 (Entry until 18:00)

☎ Closed the 2nd Monday of February,

April, July, November

(Next day in case of holiday)

Closed from Dec. 29th until Jan. 1st



03 [Cafe] GLUTEN FREE is THE NEW BLACK



Direct from Nara station, you will find a gluten-free cafe! The shop sells madeleines, cookies and other baked goods along with bread, sandwiches, quiche and light foods. Designed with an image of Melbourne coffee shops, you will be able to relax and soak in the beautiful atmosphere. Take-out available!



SHOP DATA

☎ 〒630-8114
Nara-shi Shibatsujicho 11-43
City Homes 114
☎ 050-5595-8494
🕒 Tue. Wed. 10:00-17:00
Fri. Sat. Sun. 10:00-18:00
☎ Mon. Thu.

04 [Cafe] KANAKANA



Get a taste of old Nara at the classic Japanese-style house turned cafe, KANAKANA. Spacious and perfect for quick rests. You can also find a doma (dirt floor) in the middle of the room. The popular menu, "Kanakana Gohan" consists of dishes the whole family can try and enjoy. They run a coffee shop next door so be sure to pop by both places!



SHOP DATA

☎ 〒630-8382
Nara City Kunodochi 13
☎ 0742-22-3214
🕒 11:00-20:00 (L.O. 19:30)
(Open until 19:30 in Dec. Jan. and Feb.)
☎ Mon. (Closed the following day
in case of national holiday)
☎ http://kanakana.info/

Web page!



Fully enjoy
your travels
in Nara!

RENTAL BICYCLES



Yamato Kanko Rental Cycle

You are able to rent the bicycles on the spot on in advance online. Right next to JR Nara station, you can rent and return the bicycles easily.

☎ 〒630-8244 Nara-shi Sanjocho 606-8

Tanaka Building 101

☎ 0742-77-4727

🕒 Mon.-Fri. Holidays 9:00-15:30

Sat. Sun. 8:00-18:00

*You are able to return the bikes 24/7

🌐 http://yamatocycle.com



Web page!



Nara Bike Share

Rental cycle spot open 24/7.
On the day rentals are available as well.

☎ (NIKKO NARA MINAMI)

〒630-8122 Nara-shi Sanjo Honmachi 8-1

☎ (NISSIN PARK KINTETSU NARA)

〒630-8241 Nara-shi Takamacho 1-3

🌐 https://decom-cycle.jp/nara/en/



Web page!

What's NARAMACHI?

PICK UP!

Naramachi, has national treasures such as the Gangoji Temple in its center. Being outside of the palace gates of Heijokyo, it is a strip replete in history. It is now known as a popular tourist spot and is home to one of the oldest shopping streets in Japan called Mochiido Shopping Street. When you have the chance to come to Japan, Not to miss. Naramachi is also home to the Great Buddha which sits in Todai-ji temple. There are also many stylish cafes and variety stores located in the area that you can see while taking your bike around the neighborhood.